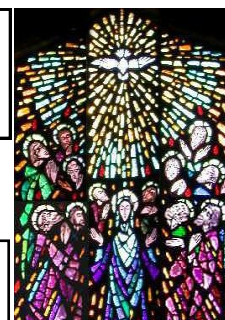




# Parish Newsletter

For the Holy Spirit West Bridgford, and Our Lady of Grace, Cotgrave.



The fourth Sunday of Easter

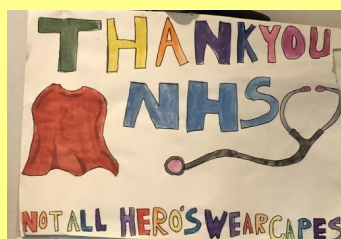
Sunday 3rd May

This month the newsletter is supporting– **The Friary**

## Please send in your pictures to us

Today is Good Shepherd Sunday and we have asked children to send us pictures of priests at work. So what is it that priests do? We visit schools, hospitals, prisons and homes. We perform Baptisms, Weddings and Funerals. We celebrate Mass every day. We support football teams!

Already we have received some excellent pictures! Thank you!. You can continue to send pictures of thanks to NHS workers and key workers who are doing such a wonderful job for us, not thinking of themselves, but of others' needs. We will display them at Mass this Sunday



We will display them at Mass this Sunday.

You can leave them in the porch of our house in an envelope. Please send to:

The Presbytery, 29 Charnwood Grove, West Bridgford, Nottingham, NG2 7NT.

We thank everyone who has sent us messages of appreciation of the streamed Masses. The newsletter has the times for the services which include exposition of the Blessed Sacrament and Benediction. You need to go to the website which links you to YouTube at [holyspiritwb.org/live/](https://holyspiritwb.org/live/)

We especially thank John, Seamus and Beth who have provided us with more music to play before and after each Mass. Beth wrote her own contribution herself! Wonderful!

We very much appreciate the childrens' pictures, the requests for prayer and those who still leave their planned giving envelopes at the presbytery. Thank you! Please see the notice on the back page about changing to a standing order for convenience. Thank you for your continued generosity to the Church.

Also do let us know if you think anyone would like to receive the newsletter by post – many are already doing this. Thank you so much for your offers of help, your cards and offerings and gifts sent to the presbytery, you are very kind!

## OUR LADY OF VISITATION–

At the beginning of May we pass the statue of Our Lady to each household and say the rosary together as a family.

Unfortunately, this year we are unable to do that because of the Pandemic. But you can still pray together as a family.

You can download this icon from the website. Scroll down to Parish news on the home page.



### Please keep in your prayers those in the parish who are sick



Christina West, Ivor Amos, Emily Mosley, Donald Butt, Eileen Kelk, Mildred Baxter, Jim Harrington, Bill McCay, Marion Mercer, Tony Lee and Pat Douglas, Baby De Rosa, and Dana Mason, and Mrs Brocklehurst.

### George Thornley RIP

Please pray for the soul of George Thornley who died recently.



Please keep his in your prayers and the rest of the family too.

### Pauline Grumett RIP

Please pray for the soul of Pauline Grumett who died last week.



Please keep her brother Deacon Anthony Sullivan in your prayers.

### Ken Fleet RIP

Please pray for the soul of Ken Fleet who died last week.



Please keep his family in your prayers.

CAFOD have been doing a virtual Children's Liturgy service on a Sunday at 10am (and then it is available to watch as a recording afterwards).



Parents who are missing the children's liturgy in the parish might find it helpful.

You will need to register for it on the Cafod website. See the link below.

<https://cafod.org.uk/Education/Children-s-liturgy>

## Prayer of the week

### **FREE US**

*Lord, send Your angels  
to bring light into the darkness  
The dark covers us with anxieties  
Let us shake off the fears that imprison us  
to prevent us from progressing  
With the help of God's grace  
we stand firmly on the solid ground  
of faith in Jesus, Our Risen Lord  
Do not let us be afraid of the dark  
Free us, Lord, by the light of*

*Your love and grace  
Alleluia*

*Amen*

Maria Dabrowska

<http://www.spiritual-words.org/>

## Prayer helps us during a crisis

**CAFOD** Prayers for the Corona Virus Pandemic on their website <https://cafod.org.uk/Pray/Prayer-resources/Coronavirus-prayers>

Maria Dabrowska a parishioner at the Holy Spirit also has a website of daily prayers and poems. This can be found at <http://www.spiritual-words.org/>

**WEBSITES** - Parish: [www.holyspiritwb.org](http://www.holyspiritwb.org)

[www.ourladyofgracecotgrave.org](http://www.ourladyofgracecotgrave.org)

Deanery: [www.nottsmeastdeanery.org](http://www.nottsmeastdeanery.org)

Diocese: [www.nottingham-diocese.org.uk](http://www.nottingham-diocese.org.uk)

**TWITTER: West B+Cotgrave RC @holyspiritwb**

**FACEBOOK: Our Lady of Grace Church Cotgrave**

(The Facebook page for Our lady of Grace can be accessed from Our Lady's website)

## PARISH CHURCHES

The Holy Spirit	Our Lady of Grace
Melton Road	Candelby Lane
West Bridgford	Cotgrave
Nottingham	Nottingham
NG2 7JW	NG12 3JG

## CLERGY TEAM

Parish Priest– Fr. Michael Brown **Tel: 0115 9814271**

Assistant Priest– Fr. John McCay **Tel:0115 9810320**

29 Charnwood Grove, West Bridgford, Nottingham NG2 7NT. Email Fr. Michael or Fr. John at;

[frmichael@holyspiritwb.org](mailto:frmichael@holyspiritwb.org)

[frjohn@holyspiritwb.org](mailto:frjohn@holyspiritwb.org)

## CONTACT DETAILS OF HOLY SPIRIT GROUPS / ORGS.

Baby and Toddler Group - ( Email Parish Office re. Info )	Anne-Sophie <a href="mailto:office@holyspiritwb.co.uk">office@holyspiritwb.co.uk</a>
Brownies–	Claire Spencer Tel: 9142508
The Burundi Project- Cafod–	Jim Madden Tel: 914 2370 Dympna Kitchin Tel: 9843535
Catenians -	John Sneyd Tel: 9816769
Children's Liturgy -	Jane Barrett Tel: 07785574975
Cricket Team- David Paton - ( <a href="mailto:David.Paton@nottingham.ac.uk">David.Paton@nottingham.ac.uk</a> )	
Cubs-	Paul Butler Tel: 07883 064927
Fellowship Group-	Mary Elliot Smith Tel: 9149473
Golf Society-	John Carolan Tel: 07764285863
Guides-	Wendy Walker Tel: 0776 4578309
H.S. Badminton-	Tony O'Dwyer Tel: 9452648
H.S. Celtic Football-	Nigel Rowden Tel: 07768093525
H.S. PPC -	Angela Fenn Tel: 07920 149140
Nottingham Citizens and Dementia Friends Parish Representative Theresa Brennan <b>Tel:07935737639</b>	
Anna Franks <b>Tel: 9899404</b>	
Rainbows-	Rebecca Adamson Tel: 07818 599 074
Scouts-	Margaret Walker Tel: 9899553
S.V.P.-	Liz Wheat Tel: 9141012
U.C.M.-	Maureen Doodson Tel: 8914601
Working Group-	Graham Doust- Tel: 9527804
Social Centre Bookings- Catherine Giavarini <b>Tel: 07854233172</b>	
Email- <a href="mailto:socialcentrebookings@holyspiritwb.co.uk">socialcentrebookings@holyspiritwb.co.uk</a>	
Newsletter Editor: Catherine Giavarini	
<b>office@holyspiritwb.co.uk</b>	

## CONTACT DETAILS FOR OUR LADY GRACE GROUPS

Children's Liturgy–	Karen Richards Tel: 9374565
Cafod -	Eileen Widdicks Tel: 9892882
Cotgrave PPC-	Anne Ferguson Tel: 9892693
SVP-	Michael Jennings Tel: 9374307
Traidcraft-	Lynne Harrison Tel: 9140577

Primary School	Senior School
St Edmund Campion	The Becket School
Head Teacher	Head Teacher
Mrs A. Blake	Mr P. Grieg
Tel: 0115 9147889	Tel: 0115 9824280

**Diary for Week Commencing 3rd May**

**Social Centre Diary**

<p><b>Sun 3rd May</b> Fourth Sunday of Easter</p>	<p><b>Holy Spirit</b> 10.30am Mass- Donald Butt- Sick Peg Murrin and Paul Murrin RIP Bernard and Elizabeth Breen RIP</p>	
<p><b>Mon 4th May</b> The English Martyrs (FEAST)</p>	<p><b>Holy Spirit</b> 9.15am Mass-Emelita Manuel Hurboda RIP</p>	
<p><b>Tues 5th May</b> Easter Feria</p>	<p><b>Holy Spirit</b> 9.15am Mass- Catherine Burton RIP (Exposition until 10.30am)</p>	
<p><b>Wed 6th May</b> Easter Feria</p>	<p><b>Holy Spirit</b> 9.15am Mass-Barbara and Charles Manson RIP</p>	
<p><b>Thurs 7th May</b> Easter Feria</p>	<p><b>Holy Spirit</b> 9.15am Mass- NHS and Key Workers</p>	
<p><b>Fri 8th May</b> Easter Feria</p>	<p><b>Holy Spirit</b> 6.30pm- Exposition of the Blessed Sacrament 7.20pm- Benediction 7.30pm Mass-Patricia Daweson RIP</p>	
<p><b>Sat 9th May</b> Easter Feria</p>	<p><b>Holy Spirit</b> 9.15am Mass-Pina Kaminski RIP</p>	
<p><b>Sun 10th May</b> Fifth Sunday of Easter</p>	<p><b>Holy Spirit</b> 10.30am Mass- Oriella Giavarini RIP (1st Anniv.) Rose Hegarty RIP (Ireland) Lily McDonnell RIP</p>	

**FOURTH SUNDAY OF EASTER**

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## Fr. Vincent needs your support

Fr. Vincent is very grateful for your support as we have received an email of thanks from him. They are lockdown in Uganda, like here.

His parishioners need help as they are starving. Fr. Vincent asked for special help from us.

If you could spare some money to help him buy beans and maize flour for them? £20 will feed a family for a week, with 15kg of maize flour and 10kg of beans. £100 will feed five families for a week.



If you would like to help, then please find his bank details below, also if you normally send money to Fr. Vincent, he has closed the Nat West account, please use these bank details instead.

The bank account below is a UK account as well.

Account name: **Vincent Kanyankole**

### Monzo Bank

Account Number: **82 712 607**

Sort Code: **04 - 00 - 04**

### Mass Intentions-

Please send in your Mass Intentions to Catherine via email or telephone nor text Tel:**07854 233172** on a Monday, Wednesday or Thursday. 9.30am-2.30pm.

Any Mass stipends should be posted through the Presbytery door, 29 Charnwood Grove, West Bridgford, NG2 7NT. Email: [office@holyspiritwb.co.uk](mailto:office@holyspiritwb.co.uk)

**Planned Giving-** If you usually have planned giving envelopes, please consider switching to a standing order instead. For more information about this, please contact Catherine at: [office@holyspiritwb.co.uk](mailto:office@holyspiritwb.co.uk)

Thank you to all those parishioners that have already offered to switch to standing order. If you are donating by cheque, please make it payable to

'Holy Spirit West Bridgford'.

### Support for Care Home Residents and Staff

I am collecting notes/letters/pictures for residents at Westdale Care Home, and small gifts for staff to let them know that we are thinking of them (suggestions have included moisturiser, face packs, wrapped chocolates, etc).

I will be leaving a box outside my house to collect anything that you would like to give to them.

Liz Bonner 2 Trevor road, West Bridgford, NG2 6FS.

Thank you.

We mentioned last week, we can take small actions to tackle the climate crisis, they add up to make a big difference.

Below are some examples, but please share your ideas with us by emailing Catherine

[office@holyspiritwb.co.uk](mailto:office@holyspiritwb.co.uk) and we can share with the rest of the parish.

**You could** start your own compost pile. Leave your lawn unmown for at least a month in the spring/summer. Let nature run wild Spend time in nature, and notice change.

**You could** try Meat Free Mondays (or Tuesdays, or Wednesdays). Reduce food waste Grow your own fruit and veg

**You could** talk about climate change with your friends and family. Use free time to learn more about environmental issues. Share your sustainable skills with friends and family.

**You could** switch to a renewable energy supplier. Reduce the amount of energy you use. Repair or upcycle household items and clothing instead of buying new.

Stay Safe **The CAFOD group**

(Please go to <https://cafod.org.uk/Volunteer/Online-talks>

Where you can see online talks, news and information).

### Crafty Corner– Help our NHS

If anyone has a sewing machine and can sew a simple bag or has followed a pattern before go to 'For the love of scrubs 'on Facebook where you will be able to join a large group of people sewing for the NHS in Nottingham.

The more advanced sewers are making scrubs, some of us are making scrub hats, headbands and scrub wash bags. Join in if you can or donate fabric ( has to be good quality cotton ) or buttons . There are patterns to crochet too.

If anyone wants a pattern to knit cardigans for prem babies e mail or ring liz and I will post one to you. [lizzietwin@yahoo.co.uk](mailto:lizzietwin@yahoo.co.uk)

Anyone remember French knitting with a cotton reel? Make lengths of colours of the rainbow , stitch them together and hang your rainbow in your window to show support for the NHS.

### OUR LADY OF GRACE ACTIVITIES

#### Cotgrave Community Response (CCR) to the Corona Virus Pandemic

If you need help with shopping with food or other essentials , collecting of prescriptions or other medication, register now.

Tel: 0115 959 9060

Email: [support@rushcliffecvs.org.uk](mailto:support@rushcliffecvs.org.uk)

They need volunteers for Cotgrave as well.