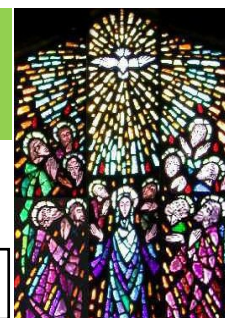




Parish Newsletter

For the Holy Spirit West Bridgford, and Our Lady of Grace, Cotgrave.



The Third Sunday of Lent
Sunday 24th March (p160 or p163)

This month the newsletter is supporting- **CAFOD**

At all Masses (at Holy Spirit) this weekend, Daniel Butler of 9th West Bridgford (Holy Spirit) Scouts will be giving a short presentation about his upcoming trip to the 24th World Scout Jamboree. Daniel would like to tell you a little bit about about the Jamboree, what the process was like to be selected and also update you on his fund raising progress so far.



After Mass there will be a retiring collection and cakes for sale, and don't worry if you've given up cakes for Lent as there will also be a guess the weight of the cake competition where the prize will be a bespoke hand made celebration cake, for an event of your choosing (within 12 months) up to the value of £100. The prize is donated by Daniel's mum, Dawn Butler of Dinkydoodle Designs.

Thank you for your support.

Walk to Mass Weekend- This weekend we also welcome Mark Ryan from the **Live Simply** team who will be talking about the Live Simply walk to Mass initiative, which will be held on the weekend on 6/7 April.

40 Days For Life started on Ash Wednesday and will finish on Palm Sunday April 14th. It's not too late to join with other Christians for 40 days of prayer and fasting for an end to abortion. You're also invited to stand and peacefully pray for an hour or two during a 40-day vigil at the Queens Medical Centre from 6am to 6pm. If you'd like more information – and especially if you'd like to volunteer to help, please contact: John 07757815625 or 40daysforlifenotts@gmail.com or visit 40daysforlife.com/Nottingham.

CAFOD FAMILY FAST DAY – 15 MARCH 2019 Thank you to everyone who ate less & gave what they saved to CAFOD on Family Fast Day. An amazing **£1,460.97** was collected which will enable CAFOD to help people like Mahinur & her family in Bangladesh to eat. Sincere thanks to you all.

CAFOD UPDATE-“HANDS ON” COLOMBIA

Our programme for the next 3 years is a peace-building scheme in **Magdalena Medio, Colombia, South America**. This area suffers the effects of civil war, drug trafficking, people trafficking, gang warfare, illegal mining, extortion and 'disappeared' people. Our focus will be channelled into the education of young people to create a different future. Our project will be launched this Easter.

Cafod also have an **Emergency Cyclone Idai Appeal** to help the people in Mozambique as well, please go to their website and donate.

<https://cafod.org.uk/>

HOLY SPIRIT ROTAS

Rotas:	Euch. Ministers	Counters
This Week	Week 2	John Kitchin
Next Week	Week 3	Colin Blake and Anita Blake
Rotas: Readers	6.30pm	9am 10.30am
This week	Sprigg	Sumner Staniforth
Next week	Cawley	Tharakan Channell
Rotas:		Shop Rota
This Week	Mar 24	Kate Lynaghan and Mary Pearson
Next Week	Mar 31	Katie Moran and Margaret Laverty
		Greeters Rota 9am Mass
This Week	Mar 24	Pauline and Una
Next Week	Mar 31	Ana and Gil
		Greeters Rota 10.30am Mass
This Week	Week 3	Nanci and Sergio Frakich
Next Week	Week 4	Cathy Tough
Rotas:	Sunday Coffee 9am	Sunday Coffee 10.30am
This Week	No Refreshments	Philippa and John Duffy
Next Week	No Refreshments	Haughney and Parr Family
Rotas:	Children's Liturgy Age 4 Upwards	
This Week	Jane and Iline	
Next Week	Angela K. and Carolyn	

We have now received a tentative commitment from Nottinghamshire Healthcare NHS Trust to work with us to



develop a Mental Health awareness and guidance programme to deliver freely to schools, universities, churches, businesses and the wider community.

This is the point where we need your action to demonstrate your concern and commitment for a change. We are asking for you to turn up and create a peaceful presence at the Citizens Annual Assembly where we will hear public commitments from the Trust and other healthcare organisations to work with us to create a change. We are asking just 2 hours of your time - from 6pm to 8pm in the evening of **Thursday 25 April** at Trent Vineyard, Lenton Lane NG7 2PX. We need as many people as possible to come to this event to visually demonstrate our concern and our commitment to working together to make a difference, for this area of our lives as well as our work on poverty and addressing some of the young peoples concerns. For those who have done this before, the peaceful presence and impact this creates really makes a difference to the decision makers and to our ultimate success. It would wonderful if we had people of all ages from both parishes and both our schools coming, as these subjects are directly affecting each of us and our families.

Please contact Theresa Brennan 07935 737 639 or speak to Fr Michael to offer your support and to obtain a ticket. Lifts can be organised if needed.

Hints and Tips to live simply

Suggestion for this week- from
Charlotte Squire



Live Simply tips- Lush are collecting bottle lids which they then recycle to make bottle boards for their shops. Due to the amazing amount of bottle lids that have been posted to them, they can no longer collect them by post. You can still drop them off at any Lush shop.

Send in your tips to Catherine at;
office@holyspiritwb.co.uk

The Diocesan Pilgrimage to Lourdes

Sunday 14th of July to Friday the 19th of July, 2019
Lourdes, the Hautes-Pyrénées.

Please contact **Fr. Simon Gillespie**, the Deputy Director, on 07760 372105 or by sending e-mail to **admin@nottingham-lourdes.org.uk**.

The Parish can help sponsor a sick or disabled person and a helper to go on the Diocesan pilgrimage to Lourdes. Contact Fr Michael, Fr John or Maria Dabrowska on 0115 9147207 to discuss in confidence.

Precious Love Renewal Convention & Healing Service Precious Love Renewal Convention & Healing Service led by Cor Et Lumen Christi Team (Damian Stayne's Community) takes place on Saturday 30th March 2019 at Marian Hall, Good Shepherd RC Church, Nottingham NG5 4HT. Time 9.30am to 4.30pm. Praise & Worship, Talks, Mass & Healing Service. Please bring packed lunch. There will be a collection to cover the costs. No booking required.

All welcome. For more information: 07506810177 or email : **preciouslove2033@outlook.com**

WEBSITES - Parish: www.holyspiritwb.org

www.ourladyofgracecotgrave.org

Deanery: www.nottsmeastdeanery.org

Diocese: www.nottingham-diocese.org.uk

TWITTER: West B+Cotgrave RC @holyspiritwb

PARISH CHURCHES

The Holy Spirit	Our Lady of Grace
Melton Road	Candelby Lane
West Bridgford	Cotgrave
Nottingham	Nottingham
NG2 7JW	NG12 3JG

CLERGY TEAM

Parish Priest- Fr. Michael Brown **Tel: 0115 9814271**

Assistant Priest- Fr. John McCay **Tel:0115 9810320**

29 Charnwood Grove, West Bridgford, Nottingham NG2 7NT. Email Fr. Michael or Fr. John at;

frmichael@holyspiritwb.org

frjohn@holyspiritwb.org

CONTACT DETAILS OF HOLY SPIRIT GROUPS / ORGS.

Baby and Toddler Group - (Email Parish Office re. Info) Brownies-	Sophie d' Echallens office@holyspiritwb.co.uk Claire Spencer Tel: 9142508
The Burundi Project-	Jim Madden Tel: 914 2370
Cafod-	Dympna Kitchin Tel: 9843535
Catenians -	John Sneyd Tel: 9816769
Children's Liturgy -	Angela Knott Tel: 9821978
Cricket Team- David Paton - (David.Paton@nottingham.ac.uk)	
Cubs-	Paul Butler Tel: 07883 064927
Fellowship Group-	Mary Elliot Smith Tel: 9149473
Golf Society-	John Carolan Tel: 07764285863
Guides-	Wendy Walker Tel: 0776 4578309
Holy Spirit Youth Project-	Cheryl Stretton Tel: 07540096234
H.S. Badminton-	Tony O'Dwyer Tel: 9452648
H.S. Celtic Football-	Nigel Rowden Tel: 07768093525
H.S. PPC -	Angela Fenn Tel: 07920 149140
Lourdes-	Maria Dabrowska Tel: 9147207
Nottingham Citizens and Dementia Friends Parish Representative Theresa Brennan Tel:07935737639	
Anna Franks Tel: 9899404	
The Tuesday Evening Prayer Group- Tony Crump Tel: 9336466	
Rainbows-	Rebecca Adamson Tel: 07818 599 074
Scouts-	Margaret Walker Tel: 9899553
S.V.P.-	Liz Wheat Tel: 9141012
U.C.M.-	Bernadette Turner Tel: 9233127
Working Group-	Graham Doust- Tel: 9527804
Social Centre Bookings- Catherine Giavarini Tel: 07854233172	
Email- socialcentrebookings@holyspiritwb.co.uk	
Newsletter Editor: Catherine Giavarini	
office@holyspiritwb.co.uk Tel: 07528080093	

CONTACT DETAILS FOR OUR LADY GRACE GROUPS

Children's Liturgy-	Karen Richards Tel: 9374565
Cafod -	Eileen Widdicks Tel: 9894673
Cotgrave PPC-	Anne Ferguson Tel: 9892693
SVP-	Michael Jennings Tel: 9374307
Traidcraft-	Lynne Harrison Tel: 9140577

Primary School	Senior School
St Edmund Campion	The Becket School
Head Teacher	Head Teacher
Mrs A. Blake	Mr P. Grieg
Tel: 0115 9147889	Tel: 0115 9824280

Diary for Week Commencing 24th March

Social Centre Diary

<p>Sun 24th March The Third Sunday of Lent</p>	<p>Holy Spirit (Sat) 6.30pm Mass-Sean and Bev Roche</p> <p>Holy Spirit 9am Mass- Janice Amos RIP</p> <p>10.30am Mass- Martin and Patricia Lennon RIP</p> <p>3pm- Baptism- Erin Grace O Regan</p> <p>5pm- Stations of the cross</p> <p>Our Lady of Grace 11am Mass-.Joseph Kelly RIP</p> <p>Stations of the Cross after Mass</p>	<p>9.30am- 10.20am FHC Catechism (Social Centre)</p> <p>Coffee after 10.30am Mass only.</p> <p>2pm -6pm Private Booking (O'Regan)</p>
<p>Mon 25th March The Annunciation Of The Lord (SOLEMNITY)</p>	<p>Holy Spirit 7.30pm Mass- Wisenna Seymanska's Intentions.</p>	<p>4.30pm-5.30pm Rainbows (Hall)</p> <p>6.30pm-8pm Brownies (Hall)</p> <p>6.30pm-8pm Cubs (Upstairs)</p>
<p>Tues 26th March Lenten Feria</p>	<p>Holy Spirit 8.55am-Divine Office and Morning Prayer</p> <p>9.15am Mass- Special Intentions (Exposition until 10.30am)</p>	<p>10am-4pm Day Centre (Hall)</p> <p>10.30am -11.30am Fellowship Grp (Lounge)</p> <p>6.30pm-7.30pm Yoga Class (Hall)</p> <p>7.30pm-9.30pm Prayer Group (Upstairs)</p>
<p>Wed 27th March Lenten Feria</p>	<p>Holy Spirit 8.55am-Divine Office and Morning Prayer</p> <p>9.15am Mass- Bernadette Turner's Int.</p> <p>7pm—Rosary</p>	<p>Coffee after Mass (Hall)</p> <p>1pm-3pm H.S. Craft Group</p> <p>5pm-7pm Dance Class (Hall)</p> <p>7pm-9pm Scout Meeting (Lounge)</p>
<p>Thurs 28th March Lenten Feria</p>	<p>Holy Spirit 7.30pm Mass- The De Rosa Family</p>	<p>10am-11.30am Toddler Group (H)</p> <p>1.30pm-2pm Yodance Seniors (H)</p> <p>5.15pm-7.15pm- Beavers (Hall)</p> <p>7.15pm-9.15pm Scouts (Hall)</p> <p>7.30pm-9pm RCIA (Lounge)</p>
<p>Fri 29th March Lenten Feria</p>	<p>Holy Spirit 9.15am Mass- Catherine Downie RIP</p> <p>Becket School 12.15pm Mass</p> <p>Our Lady of Grace- 6.15pm First Holy Communion Catechism</p>	<p>9pm-11pm Bar Open (Lounge)</p> <p>11am-12pm Yodance (Hall)</p> <p>7pm-8pm Yodance (Hall)</p> <p>7pm-9pm—Meeting (Butler) (Upstairs)</p>
<p>Sat 30th March Lenten Feria</p>	<p>Holy Spirit 9.15am Mass-</p> <p>9.45am-10.15am Confessions</p> <p>5.45pm-6.15pm Confessions</p> <p>6.30pm Mass- Ron Oakes RIP 1st Anniv.</p>	<p>4pm-8pm Yoga Event (Hall)</p>
<p>Sun 31st March The Fourth Sunday of Lent</p>	<p>Holy Spirit 9am Mass- William Foley RIP 20th Anniv.</p> <p>10.30am Mass- Chris Pointer RIP</p> <p>5pm- Stations of the Cross</p> <p>Our Lady of Grace 11am Mass- Children's and Youth Mass</p> <p>Stations of the Cross after Mass</p>	<p>9.30am- 10.20am FHC Catechism (Social Centre)</p> <p>Coffee after 10.30am Mass only.</p>

THE THIRD SUNDAY OF LENT

LAST WEEKEND'S FIRST COLLECTION RAISED:

£ 773.92 Thank you.

The HSGS Open Competition ,for the auspicious claret jug ,will be played at Ruddington Grange on Sunday 28th April 2019 The tee off times are from 12:00



The cost for the day is UNCHANGED for the 8th year running (even with Brexit looming) @ £28 per member.

As always, this is inclusive of your green fee, pie & chips meal and prize fund. Fee for Ruddington Members is £13, i.e. £15 deduction of green fees. The format will be the usual Stableford format, and due to popular demand and success last time around(!), off FULL handicaps.

Can all wishing to play (be great to see as many of you as possible as usual), please confirm back by email to me and payment into the HSGS account (see instructions below) before your Easter holidays by **End March**

Confirm your attendance by email reply to me asap and by lodging your £28:00 payment electronically as follows:

Make payment to HSGS account (HSBC):

Sort code: 40-35-19

Account number: 61700928

Account name: The Holy Spirit Golf Society

To help us decipher all of the payments, please flag it is your payment by **noting your payment** as follows: **[surname] 07/10** , e.g. KEOGH07/10

Thanks John Carolan

Dementia Friends -Maintaining our parish and Diocese commitment to improving the lives of people with a Dementia and their families, we are repeating the Dementia Friends awareness session on Thursday 16th May in the Social Centre from 7.30 - 8.30pm.

The aim is to improve everyone's understanding of Dementia and consider what we can do to support people, maintain friendships and relationships, and keep people engaged and involved as part of our community.

Everyone is welcome, For any further information, please contact Theresa Brennan 07935 737 639

RED MISSION BOXES-

Please hand in you Red Mission boxes into the Sacristy as they now need emptying. Thank you Sally Smith.

APPEAL FOR SPONSORSHIP

One of our Parishioners David Whitehall will be running in the London Marathon on Sunday April 28 for Children With Cancer UK and, would love support from the Parish, as he is trying to raise as much money as possible for this good cause. David will be making an appeal at Masses next weekend and asking for sponsorship. See his Just giving page.



<http://uk.virginmoneygiving.com/DavidWhitehall>

Please show your support.

OUR LADY OF GRACE ACTIVITIES

FAITH IN FAMILIES BOXES-

Please return your Faith in Families boxes so they can be counted please. Thank you. Eileen Widdicks

OUR LADY OF GRACE TRAIDCRAFT

There are lots of cards for sale today at bargain prices! Please take time to stop, look and hopefully buy. Every purchase makes a positive difference to someone's life. Easter cards are available on the card stand. Thank you for your wonderful continuing support.



Our Lady's Lent Group

Lent Group. Our Lent Group will be meeting on Thursdays March 28th, and April 4th and 11th, from 7 - 8.15 pm at 25 Rectory Road, Cotgrave NG123HU. If interested, please contact Anna on 0115 9899404 or by email, annayarrowfranks@gmail.com. You will be made very welcome.

Save the Date A parish day of recollection for Our Lady's has been booked on Saturday June 8th at the Rosmini Centre House of Prayers, 433 Fosse Way, Ratcliffe-on-the-Wreake, Leicestershire, LE7 4SJ Tel.: 01509 81 3078. It will be led by John Seeneey and our own Father John. Put the date in your diaries and do come along.

All welcome.

The First Collection this Sunday (17th March) amounted to £166.67.

The second Collection (CAFOD) totalled £283.05

Children's /Youth Mass- Sunday 31st March



SHOEBOX APPEAL Please take a copy of VISION, the magazine for the charity Children in Distress.

There will be a further update on the shoebox appeal in the next edition.

CAFOD Chicks with creme eggs for sale at £1.....price maintained for at least 10 years!!! Please help raise much needed funds for CAFOD who are sadly forced to turn away 1 in 3 requests for help because of a lack of funds. If you can sell any to friends, neighbours or work colleagues please phone 0115 9374470 for more supplies.



Cotgrave Open Gardens will be held again, over the Weekend of June 22nd-23rd.

As spring approaches we hope Cotgrave residents will think about opening their gardens, which do not need to be perfect, or large. We particularly welcome any gardens from the Hollygate Lane estate.



Contact Stefanie.wonders@gmail.com or Anna on 0115 9899404 for more information.